

PHYSICAL

WELLNESS MANAGEMENT & RECOVERY

Coordinating Center of Excellence
Presents

EMOTIONAL

SOCIAL

INTELLECTUAL

DIMENSIONS OF WELLNESS

SPIRITUAL

ENVIRONMENTAL

2nd Annual Conference

June 21st & 22nd 2010



OCCUPATIONAL

WHO SHOULD ATTEND?

- Persons in Recovery
- Faculty
- Family Members
- Mental health professionals & paraprofessionals
- Students
- Researchers

CONFERENCE DATES

Monday June 21, 2010 8:00am through Tuesday June 22, 2010 5:00pm

Overnight guests can begin to check in on Sunday June 20th at 5pm.

CONFERENCE LOCATION

BERGAMO RETREAT CENTER

4400 Shakertown Road
Dayton, Ohio 44864
937.426.2363
www.bergamocenter.org

CONTINUING EDUCATION

This program offers 8.5 clock hours of CEUs approved through the Ohio Counselor, Social Worker, and Marriage & Therapist Board. CEUs are provided through Southeast, Inc.: #RCS088802

SPONSORSHIP/EXHIBIT SPACE

Contact the Coordinating Center of Excellence if you are interested in exhibit space or if you would like to sponsor the conference.

CONTACT US

WELLNESS MANAGEMENT & RECOVERY

16 W Long St. Suite 340
Columbus OH 43215
Phone: 614.225.0980 | Fax: 614.360.0399
www.wmrohio.org

Kelly Wesp, MS, Program Director
Deborah Wilcox, PhD, Trainer/Consultant
Stephanie Rich, BSSW, LSW, Trainer/Consultant
David Granger, MSSA, Trainer/Consultant
Durrie Allen, Office Liaison



WELLNESS MANAGEMENT & RECOVERY'S 2ND ANNUAL CONFERENCE

With the focus on wellness and recovery, the WMR Conference will encourage participants to explore health and wellness from a holistic perspective. Participants will have the opportunity to:

- Engage in Collective Learning and gain knowledge on how to facilitate this process in group settings
- Develop a Personal Wellness Wheel and construct wellness goals
- Understand how Holistic Health Activities contribute to recovery and wellness
- Learn skills that will foster recovery-oriented service delivery
- Increase Multicultural knowledge, awareness, and skills, while building authentic relationships across differences.
- Develop Leadership Skills In Advocacy

The Wellness Management & Recovery Coordinating Center of Excellence (WMR CCOE), in partnership with consumers, providers, and other stakeholders from around the State of Ohio, has been involved with the implementation of The Wellness Management & Recovery program (WMR) since 2006.

This program helped me to remember that I am somebody.
-WMR Graduate

The WMR CCOE Annual Conference is dedicated to giving proper attention to the multiple avenues that support personal recovery and wellness. We believe that with safety and supports everyone has the ability to grow, develop, and flourish which contributes to a richer quality of life. We envision this conference as another way for the WMR Community to develop authentic partnerships and collaborations that will help to sustain recovery and wellness everywhere.

SPONSORED BY:



CONFERENCE REGISTRATION

Registration Packages (check only one):

- Package A (\$195) — includes single room for 2 nights, meals, and conference registration for two days
- Package A (\$140) — persons in recovery
- Package B (\$170) — price for each, double occupancy for 2 nights, meals, and conference registration for 2 days (Please identify who you will be sharing a room with in the space provided below)
- Package B (\$120) — persons in recovery
- Package C (\$125) — commuter registration includes 2 days of conference and meals
- Package C (\$90) — persons in recovery
- Package D (\$75) — for one day of conference and meals
- Package D (\$55) — persons in recovery

Payment

A check or money order, made payable to “Southeast, Inc.,” must accompany the registration form. Credit cards cannot be accepted. Please submit a separate form for each person attending.

Name _____

Title _____

Agency/Affiliation _____

Address _____

City, State, Zip _____

E-mail _____

Phone _____

Professional License # (for CEU's) _____

Specific Meal Needs _____

Name of Roommate (if applicable) _____

Total Amount enclosed _____

Mail this form with check or money order made payable to “Southeast, Inc.” to:

Kelly Wesp, Program Director, Wellness Management & Recovery CCOE
16 W. Long St., Suite 340
Columbus, OH 43215